

## LEVEL 1 Nov 5<sup>th</sup>, 2024

### Circle Dance: Fawkes Folly 4x32R Man with ptrn on Right

1-8 All Face ptrns, turn RH,4B into BTB on the sides of circle

9-16 Turn ptrn LH 4B,to face out and turn Crrn RH 4B into promenade hold facing CCW

17-24 All dance in promenade 4B with new ptrn, lady dances in front of ptrn holding onto RH to face into circle

25-32 All Adv 2, & R with CLAP, slip step to left 4B

### WALTZ/ FOOT WORK: Foot positions

Turning RH and LH: 4B slow relaxed Difference with 2B turn, stronger tighter, faster **skip change**

### Turning and casting:

#### A HELPING HAND 6X32R for 3C Set

1-8 1C turn RH, cast off 1pl, 2C step up B 3/4 ,1C turn RH 4B once to place

9-16 C2 turn RH cast off 1pl, C1 step up B3/4 , C2 turn RH 4B to pl

17-24 C1 cross over RH, cast off 1pl, C2 step up, C1 cross over LH, cast off around C3, who step up

24-32 C1,C3 dance full R&Ls at bottom.

Setting step Pas de Basque, REVIEW 3Beats move around anywhere in the room **RF is the travelling foot**

### Travel..beat ..beat

### LINTON PLOUGHMAN (J8x32) 2C (4C set) RSCDS Book 5 POUSETTE 2Cpls

1- 8 1s+2s circle 4H round and back

9-16 1s+2s dance RH across and LH across

17-24 1s lead down the middle and back to top

25-32 1s+2s dance Poussette. 2 1

<https://www.scottish-country-dancing-dictionary.com/video/linton-ploughman.html>

### ADVANCE SETTING and RETIRING using Pas De Basque

4 couple Set

1-8 All Adv setting into the middle, ladies below ptrn, set again in middle , all turn ptrns RH to pl

9-16 C1 lead down middle 4B and back to 2<sup>nd</sup> pl as C2 step up B 3/4

17-24 Repeat Adv setting into middle and Set, turning RH 4B into a circle

25-32 Circle 8H round and back

### EXAMPLE for Advanced Setting

<https://www.scottish-country-dancing-dictionary.com/video/linton-ploughman.html>

